

Recording sensory patterns (some examples)

	Seeking- Is craving sensory input	Registration (level required)	Avoidance- Hides away and prefers quiet spaces	Sensitive (overwhelmed by sensory inputs)
9am	Spinning before leaving for school for 10 minutes			
10am	Only ate their apple for morning tea			
11am	School reported my child struggled to sit still			
12pm	Bumps into others and uses too much force to throw the ball			
1pm	Makes sounds and is loud in the classroom			
2pm	Chewing on their tshirt (school uniform)			
3pm	Afterschool goes out to the trampoline for 20 minutes or more			



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9am	Spinning before leaving for school for 10 minutes		Difficulty completing morning routine	
10am	Only ate their apple for morning tea		Not eating with other children at school	
11am	School reported my child struggled to sit still		Hiding under tables	
12pm	Bumps into others and uses too much force to throw the ball		Saying they feel sick	
1pm	Makes sounds and is loud in the classroom		Scared to go on swing	
2pm	Chewing on their tshirt (school uniform)		Covering ears in assembly at school	
3pm	Afterschool goes out to the trampoline for 20 minutes or more		Dislikes hair being brushed	



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9am		After eating your child does not notice food on their face		
10am		You call their name several times and they do not respond, you change tone and they respond suddenly		
11am		The teacher reports your child cannot find objects in the day or look after their belongings		
12pm		They struggle in writing or drawing compared to peers their age		
1pm		They seek spinning and climbing activities, they do not get dizzy		
2pm		They may lose balance often		
3pm		They show difficulty maintaining posture at the table		



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	Seeking- Is craving sensory input	Registration (level required)	Avoidance- Hides away and prefers quiet spaces	Sensitive (overwhelmed by sensory inputs)
9am				Challenges in getting dressed into uniform, as they dislike the feel
10am				Covering ears in the classroom (showing oversensitive)
11am				Always touching things in the class (under sensitive)
12pm				Will only eat some of their food in lunchbox
1pm				Will not get out of togs as they like tight clothing (under sensitive)
2pm				Dislikes the sunlight and squints
3pm				Challenges in getting their hair cut



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10am	Only ate their apple for morning tea	You call their name several times and they do not respond, you change tone and they respond suddenly	Not eating with other children at school	Covering ears in the classroom (showing oversensitive)
11am	School reported my child struggled to sit still	The teacher reports your child cannot find objects in the day or look after their belongings	Hiding under tables	Always touching things in the class (under sensitive)
12pm	Bumps into others and uses too much force to throw the ball	They struggle in writing or drawing compared to peers their age	Saying they feel sick	Will only eat some of their food in lunchbox
1pm	Makes sounds and is loud in the classroom	They seek spinning and climbing activities, they do not get dizzy	Scared to go on swing	Will not get out of togs as they like tight clothing (under sensitive)
2pm	Chewing on their tshirt (school uniform)	They may lose balance often	Covering ears in assembly at school	Dislikes the sunlight and squints
3pm	Afterschool goes out to the trampoline for 20 minutes or more	They show difficulty maintaining posture at the table	Dislikes hair being brushed	Challenges in getting their hair cut